## **Constructing Our Compromise**

| Current Conflict:   |
|---|
|   |
| Possible Compromises?   |
|   |
| Compromising Sentences  |
| If you are having trouble coming up with possible compromises, try finishing the following sentences:       |
| I could see coming forward/give in this way   |
| I would be able to come forward/give this amount  |
| I would be able to come forward/give about this part  |
| I would be able to give on if if if (my spouse gives in on this part of the issue).                         |
| I would be able to give onthis time, if next time my spouse would be ok                                     |
| with, or if my spouse gave on (some other issue, maybe).  |
|   |
| I could be ok with only doing or not doing now, and then at a later time doing                              |
| Share with each other where and under what circumstances you could change your request.                     |
| After looking at it this way, is there a compromise that would bring this to resolution?                    |
| Try out different possibilities and combinations. You might need to go back and forth to get to compromise. |

Resolution: Resolution is achieved when one of you suggests a compromise that the other says they can agree to.

